



EUGOGO Teaching course 2026

Saturday, 7th -
Sunday, 8th March, 2026

Deichmann-Auditorium
Essen, Germany

**INVITATION
MEETING INFORMATION**

PREFACE

Dear colleagues and friends,
Ladies and gentlemen,

It is our great pleasure to welcome you to the EUGOGO Teaching Course, taking place from March 7–8, 2026, at the Deichmann Auditorium, the Education and Learning Center of the Medical Faculty, University Duisburg-Essen & University Medicine Essen, Germany.

This course is dedicated to the complex and challenging condition of thyroid eye disease (TED). Our goal is to provide participants with up-to-date, structured education on the diagnosis and management of TED - emphasizing practical relevance, interdisciplinary collaboration, and the latest scientific evidence.

A unique strength of this course is the active involvement of numerous members of EUGOGO (European Group on Graves' Orbitopathy). Experts from both ophthalmology and endocrinology will be teaching, reflecting the collaborative, interdisciplinary approach that is essential for high-quality patient care in TED.

In addition to presenting the latest clinical data and research findings, the course prioritizes interactive and case-based learning. A special highlight will be the Patient Case Sessions on Sunday morning, March 8, where small groups will discuss real-life cases alongside TED patients who will be present on site. Furthermore, breakout sessions will allow participants to tailor their learning experience to their individual level of knowledge and area of speciality—whether they are newcomers or experienced professionals.

We would like to express our sincere thanks to all speakers and sponsors who have made this course possible. To all participants, we wish an engaging and enriching learning experience, with valuable insights for your daily practice and meaningful discussions with colleagues from across Europe.

Warm regards,



Prof. Anja Eckstein, MD
Head of Orbital Center,
Department of Ophthalmology
University Medicine Essen

Prof. Dagmar Führer, MD PhD
Director and Chair,
Department of Endocrinology, Diabetes
and Metabolism
University Medicine Essen



Center of Endocrine Medicine

EXECUTIVE COMMITTEE EUGOGO

Mario Salvi

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Maria-Cristina Burlacu

Education/Website/ Communications Lead, Cliniques Universitaires Saint-Luc Brussel, Belgium

PROGRAM

Saturday, 7th March, 2026

08:30 – 08:35 h

Welcome

Anja Eckstein (Essen, DE)

08:35 – 09:00 h

TED pathogenesis

Moderation: Anja Eckstein (Essen, DE)
Mario Salvi (Milano, IT)

TED pathogenesis

Marian Ludgate (Cardiff, UK)

09:00 – 10:15 h

Practical Assessment

(choose your session according to your experience with TED patients)

A Basic of practical assessment

Nicola Curro (Milano, IT)
Inga Neuman (Essen, DE)
Antonio Manuel Garrido Hermosilla (Sevilla, ES)

B Advanced assessment of challenging cases including IOP control

Anja Eckstein (Essen, DE)
Onur Konuk (Ankara, TR)
Nicole Fichter (Olten, CH)

10:15 – 11:15 h

Clinical and surrogate outcomes.

Moderation: Vickie Lee (London, UK)
Michael Schittkowski (Göttingen, DE)

Clinical outcomes/scoring systems/disease progression (VISA, EUGOGO, CAS)

Michael Schittkowski (Göttingen, DE)

Surrogate Markers (Biomarkers/imaging)

Vickie Lee (London, UK)

Why and how to measure QoL in TED patients?

Katharina Ponto (Mainz/Bonn, DE)

11:15 – 11:45 h

Coffee break

11:45 – 12:45 h

Prevention of progression, Mild TED and atypical manifestations

Moderation: Milos Zarkovic (Belgrad, RS)
Maria-Cristina Burlacu (Brussels, BE)

Assessment of risk profile

Milos Zarkovic (Belgrad, RS)

Mild TED

Tomasz Bednarczuk (Warsaw, PL)

Atypical manifestations: euthyroid, hypothyroid and asymmetrical TED

Maria-Cristina Burlacu (Brussels, BE)

12:45 – 13:45 h

Lunch

13:45 – 15:45 h

Medical management of active moderate-to severe TED

Moderation: Mario Salvi (Milano, IT)
Tomasz Bednarczuk (Warsaw, PL)

Steroids

Thomas Brix (Odense, DNK)

Orbital irradiation

Michael Oeverhaus (Essen, DE)

MMF, MTX, Azathioprin, Cyclosporin

Colin Dayan (Cardiff, UK)

Sirolimus

Michele Marino (Pisa, IT)

Statins

Elena Sabini (Philadelphia, US)

Rituximab

Micro Armenti (Milano, IT)

Tocilizumab

Ilaria Müller (Milano, IT)

IGF1R Blockage

George Kahaly (Mainz, DE)

15:05 – 15:45 h

Round Table discussion

Mario Salvi (Milano, IT)
Tomasz Bednarczuk (Warsaw, PL)
Anja Eckstein (Essen, DE)
Vickie Lee (London, UK)

15:45 – 16:15 h

Coffee break

16:15 – 17:00 h

Management of sight threatening situations

Moderation: Nicola Curro (Milano, IT)
Marta Pérez Lopez (Valencia, ES)

Which are the sight threatening situations

Christoph Hintschich (München, DE)

DON Medical management

Nicola Curro (Milano, IT)

Surgical management of sight threatening situations

Marta Pérez Lopez (Valencia, ES)

17:00 – 17:45

Management of hyperthyroidism

Moderation: Dagmar Führer-Sakel (Essen, DE)
Michele Marino (Pisa, IT)

When is the best time for cessation of antithyroid drug treatment

Dagmar Führer-Sakel (Essen, DE)

The best timing for definitive treatment with Radioiodine

Michele Marino (Pisa, IT)

The best timing for thyroidectomy

Juliette Abeillon (Lyon, FR)

17:45 – 18:45 h

Special interest sessions

17:45 – 18:45 h

Special session for ophthalmologists

Moderation: Onur Konuk (Ankara, TR)
Anja Eckstein (Essen, DE)

Strabismus management

Anja Eckstein (Essen, DE)

Eye lid malpositions management

Jelena Juri Mandić (Zagreb, HR)

Challenges in orbital decompression ophthalmologist view

Onur Konuk (Ankara, TR)

Challenges in orbital decompression ENT view

Claudio Guastella (Milano, IT) & Stefan Mattheis (Essen, DE)

17:45 – 18:45

Special session for endocrinologists

Moderation: Lelio Baldeschi (Brüssel, BE)
Inga Neumann (Essen, DE)

Red flags when to refer to an ophthalmologist and how urgent

Lelio Baldeschi (Brüssel, BE)

Dry eye syndrome

Anna Jablonska (Warsaw, PL)

Botox, Prisms, Driving

Andrea Papp (Wien, AT)

Red eye: inflammation, congestion or both

Inga Neumann (Essen, DE)

19:30 h

Gala Dinner

PROGRAM

Sunday, 8th March, 2026

09:00 – 10:10 h	Grand Rounds with patients (5 patients)
10:00 – 11:00 h	Grand Rounds with patients (5 patients)
11:00 – 11:30 h	Coffee break
11:30 – 12:30 h	General discussion about patients seen during Grand Rounds
12:30 – 13:30 h	Lunch
13:30 – 14:30 h	Participants' cases presentation
14:30 h	Closing remarks

GENERAL INFORMATION

Date Saturday, March 7th, 2026, 08:30h - 18:45h
Sunday, March 8th, 2026, 09:00h - 14:30h

Venue **Deichmann-Auditorium**
Teaching and Education Center
(Lehr- und Lernzentrum)
Virchowstraße 163a, 45147 Essen, Germany

Homepage and Online Registration
www.eugogo2026.com

Scientific programme and further information
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Official Language
English

Hotel Booking
See hotel on the online registration (www.eugogo2026.com)

Social Event
Gala Dinner
Saturday, March 7th, 2026, 19:30h
Atlantic Congress Hotel Essen
Messeplatz 3, 45131 Essen

ATTENDANCE FEE

Registration Package	Early Bird Registration Fee (Until 4th January 2026)	Standard Registration Fee (5th. January 2026 onwards)	Late Registration Fee (17th. February 2026 onwards)
EUGOGO Member	EUR 300,-	EUR 350,-	EUR 400,-
EUGOGO Non-Member	EUR 400,-	EUR 450,-	EUR 500,-
Doctors in Training*	EUR 300,-	EUR 350,-	EUR 400,-
Student / Allied Health Professionals /	EUR 200,-	EUR 250,-	EUR 250,-
Industry	EUR 600,-	EUR 700,-	EUR 800,-
Gala Dinner (Saturday Evening)**	Included But limited to 150	Included But limited to 150	Included But limited to 150

*Doctors in Training, Students and residents must supply a letter of verification as proof of training. The letter has to be sent to the congress organization prior to the meeting.

The attendance fee covers the costs for coffee breaks, lunch, and the Gala dinner (accompanying person EUR 100,-).

Incl. VAT and excl. foreign transfer fees

Payment by bank transfer (bank details are quoted on your confirmation and invoice.
Please do not transfer money without noting your invoice number!),
PayPal or by credit card: VISA, AMERICAN EXPRESS, MASTERCARD

Important notes for participants

The attendance fee covers the costs for coffee breaks, lunch, and the Gala dinner.
If you register late or on-site we cannot guarantee for lunch and participation in the social program.
You are encouraged to apply for the meeting either online, by mail or by fax.
Cancellation for the symposium has to be made via e-mail or via fax (+49 (0) 2 11 / 59 35 60) by February 23rd., 2026. In any case an administration fee of EUR 25,- has to be paid. After this date no refunds can be made.
Changes, errors and misprints excepted.

EACCME-CERTIFICATION

The Symposium will registered at the European Accreditation Council for Continuing The purpose of the EACCME® was to provide accreditation of international CME in Europe and to facilitate the recognition of credits between the various countries in Europe. Please bring your Barcode Labels and we will register you for CME-point documentation.

An equivalent Certificate of Attendance will be sent to you after the event.

YOUR WAY TO ESSEN

International Airports & High-Speed Train System

From Frankfurt:

Take the ICE high-speed train from Frankfurt Airport Station to Essen Main Station (approx. 2–2.5 hours, usually with a change in Düsseldorf or Duisburg).

From Düsseldorf:

Take the train from Düsseldorf Airport Station to Essen Main Station (approx. 25–30 minutes, direct connection).

From Cologne:

Take the train from Cologne/Bonn Airport to Essen Main Station (approx. 1–1.5 hours, usually via Düsseldorf or Duisburg).

From Essen:

Main Station, take subway line U17 (direction Karlsplatz) to station Universitätsklinikum Essen (approx. 10 minutes) or take a taxi (approx. 10 minutes).

By car.

From Frankfurt Airport:

Take the A3 motorway towards Cologne, then change at Breitscheid junction to the A52 towards Essen (approx. 2.5–3 hours).

From Düsseldorf Airport:

Take the A52 motorway towards Essen (approx. 30 minutes, 30 km).

From Cologne Airport:

Take the A3 towards Oberhausen, then at Breitscheid junction change to the A52 towards Essen (approx. 1–1.5 hours, 80 km).

Meeting address.

Deichmann-Auditorium, Lehr- und Lernzentrum
Virchowstraße 163a, 45147 Essen, Germany

Faculty Congress Hotel/Gala dinner

Atlantic Congress Hotel Essen
Messeplatz 3, 45131 Essen

